


MONDAY


HOT SPECIALS...

Burrito  
A soft wrap filled with lightly spiced veggies and rice

Macaroni Cheese 
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

DAILY FAVES...

Jacket Potato 
with a choice of fillings

Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

WEEK 1

SIDES...

Green Beans
and
Sweetcorn



PICK A PUD!


Raspberry
Ripple Ice
Cream



MONDAY

TUESDAY

Allegra's Chicken Filo Pie with Mashed Potato
A delicious light filo pastry topped chicken pie

Allegra's BBQ Beans served with Cornbread  
Tasty BBQ beans served with Cornbread

Jacket Potato 
with a choice of fillings including salmon mayo

Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta



Peas
and
Broccoli

Brownie

TUESDAY

WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
Succulent roast chicken with fluffy roasties and tasty gravy

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy  
A chunky sweet potato and chickpea roast

Jacket Potato 
with a choice of fillings


Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Carrots
and
Cabbage

Shortbread
Biscuit with
Fresh Cut
Fruit Slices 

WEDNESDAY

THURSDAY

Pasta Bolognese  
A classic Italian beef bolognese in a yummy tomato sauce

Butternut Squash and Tomato Bake with Rice 

Jacket Potato 
with a choice of fillings

Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta


Broccoli
and
Sweetcorn

Berry & Peach
Oaty Crumble
with Custard 

THURSDAY

FRIDAY

Golden Fish Fingers and Chips
Crispy fish fingers with scrummy chips

Quorn Dippers and Chips 
Crispy Quorn nuggets with their fav sauce - ketchup

Jacket Potato 
with a choice of fillings



Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta



Baked Beans
and
Peas

Orange,
Sultana &
Carrot Cake
Slice

FRIDAY

HOT SPECIALS...


Veggie Bolognese  
Yummy veggie Bolognese with pasta

Cheese and Tomato Pizza with Dough Balls  
Cheesy tomato topped pizza slice

Allegra's Chicken Katsu with a Rice Side 
Yummy crispy Chicken Katsu with rice

Allegra's Oodles of Noodles  
Delicious noodles with tofu and veggies



Roast Gammon with Roast Potatoes and Gravy
Succulent roast gammon with fluffy roasties and tasty gravy

Creamy Vegetable Pie with Roast Potatoes and Gravy 
Creamy vegetable pie with a cheesy shortcrust topper


Cottage Pie  
Home cooked minced beef with a crispy potato topping

Mild Chickpea and Potato Curry  
A tasty mild chickpea and potato curry


Golden Fish Fingers and Chips
Crispy fish fingers with scrummy chips


Tomato Veggie Burger with Chips  
A delicious homemade veggie burger

DAILY FAVES...

Jacket Potato 
with a choice of fillings

Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato 
with a choice of fillings

Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato 
with a choice of fillings

Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato 
with a choice of fillings

Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato 
with a choice of fillings

Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

WEEK 2

SIDES...

Carrot Sticks
and
Cucumber
Sticks

PICK A PUD!

Flapjack with
Fruit Slices 

Broccoli
and
Peas

Peach
Shortbread
Pudding &
Custard 

Cabbage
and
Carrots






Raspberry
Yoghurt Cake

Green Beans
and
Sweetcorn

Fruity
Chocolate
Brownie

Peas
and
Baked Beans

Vanilla
Ice Cream

 Vegetarian  Oily fish
 Wholegrain  Fruity!
 Nutritionist's Choice


Water, salad,
freshly baked bread,
yoghurt & fresh fruit

Available
every day!




MONDAY

HOT SPECIALS...


Macaroni Cheese 
Traditional Mac N Cheese,
delicious macaroni in a creamy
cheese sauce


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**Veggie Sausage and Mash
with Gravy**  
Fluffy mash with veggie sausages
and rich gravy



**Allegra's Garlicky Chicken
and Spanish Spuds** 
Garlic seasoned chicken served
with spanish style potatoes

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**Allegra's Cheesy Peasy
Risotto Bake** 
A delicious baked cheesy, pea
rissoto



**Roast Pork with Roast
Potatoes & Gravy**
Roast pork with fluffy roasties
and tasty gravy

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**Pastry Slice with Roast
Potatoes and Gravy** 
A chunky butternut squash and
potato pastry slice

Beef Burrito 
A soft wrap filled with fresh beef
and rice



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**Veggie Lasagne served with
a Bread Wedge**  
Delicious sheets of pasta layered
with veggies and tomato sauce


**Southern Fried Chicken
Tasters with Chips**
Lightly seasoned crispy chicken
strips and scrummy chips


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Soft Taco and Chips  
A soft taco shell filled with a
yummy veggie tomato chilli

DAILY FAVES...

Jacket Potato 
with a choice of fillings

.....
Tomato Pasta  
Fresh, homemade
tomato and basil sauce
with penne pasta

Jacket Potato 
with a choice of fillings
including salmon mayo

.....
Tomato Pasta  
Fresh, homemade
tomato and basil sauce
with penne pasta



Jacket Potato 
with a choice of fillings

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Tomato Pasta  
Fresh, homemade
tomato and basil sauce
with penne pasta

Jacket Potato 
with a choice of fillings

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Tomato Pasta  
Fresh, homemade
tomato and basil sauce
with penne pasta

Jacket Potato 
with a choice of fillings

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Tomato Pasta  
Fresh, homemade
tomato and basil sauce
with penne pasta

WEEK 3

SIDES...

Peas
and
Carrots

Sweetcorn
and
Broccoli

Carrots
and
Cabbage

Green Beans
and
Sweetcorn

Baked Beans
and
Peas

PICK A PUD!

Oatie Biscuit
with Fruit
Slices 

Apple and
Carrot
Yoghurt Muffin


Strawberry Ice
Cream

Chocolate
Sponge Cake

Creamy Peach
Rice Pudding

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

